



Examples of Essential Functions Related to MESH

- Capable of maintaining effective mental, emotional and social interactions in our group-based, youth centered and community living program.
- Ability to maintain mental, emotional and social resiliency (such as handling stressful situations appropriately) needed for the job in a fast-paced, interactive environment.
- Ability to establish and maintain appropriate professional relationships and Interpersonal skills (skills used to reduce stress, reduce conflict, improve communication, enhance intimacy, increase understanding, and promote joy).
- Ability to interact effectively with individuals and groups respecting social and cultural diversity and to maintain appropriate boundaries.
- Ability to use effective and appropriate self-care practices for maintaining overall wellness.
- Ability to recognize and consider the needs of others (including campers and staff members) in daily interactions and decision-making.

Resources

Healthy Camp Toolbox: <https://www.acacamps.org/resource-library/research/healthy-camp-toolbox>

ACN website: www.campnurse.org (Behavioral Health Hotlines by state)

Mental Health First Aid course: <https://www.mentalhealthfirstaid.org/>

ACA's Crisis Hotline: <https://www.acacamps.org/resource-library/camp-crisis-hotline>