

WELCOME TO CAMP!

National Safety Month is the perfect time to celebrate the good work camps do to be safe, fun places.

According to the Healthy Camp Study, illness tends to be more prominent in camp than injury.

ILLNESS

VS

INJURY



Illness/Injury and Camper/Staff Rates
per 1,000 Camp Days

DAY CAMP
.83

DAY CAMP
.42

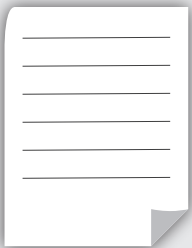
RESIDENT CAMP
1.23

RESIDENT CAMP
.47

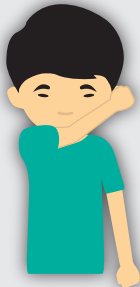


Here are promising practices to keep your camp community healthy and safe this summer.

Incorporate illness prevention messages into parent and staff communications.



Teach appropriate cough and sneeze etiquette.



Develop and enforce footwear policies.



Improve the use of protective equipment.



Strengthen strategies that promote effective self-care among staff.



For other helpful tips, here are some links to Healthy Camp resources on our website!

www.ACAcamps.org/resource-library/articles/healthy-camp-depends-you-six-things-staff-can-do-have-healthy-summer

www.ACAcamps.org/resource-library/articles/facilitating-healthy-well-wise-camp-staff

www.ACAcamps.org/resource-library/strategies-healthy-camp-are-you-prepared