



American Camp Association
Evergreen, Winter Education Event

Wednesday, January 9, 2019	
10:00 a.m. – 3:00 p.m.	Accreditation Process Workshop – Arts & Craft Center Visitor Update Course – Rogers Hall
2:00 p.m. – 3:00 p.m.	Registration - Harnish Hive
3:00 p.m. – 3:15 p.m.	Welcome & Introductions - Harnish Hive
3:30 p.m. – 5:30 p.m.	Opening Session with Beth Jenson - Harnish Hive Mitigating Meltdowns: Planning for the Predictable Emotional Crisis Rhythm of Camp
6:00 p.m. – 8:00 p.m.	Campy Hour & Dinner Social Event - Harnish Hive
Thursday, January 10, 2019	
8:00 a.m.	Breakfast – Harnish Hive
8:45 a.m. – 10:00 a.m.	Breakout Session #1 <ul style="list-style-type: none"> • Tired Brain: Essential Crises Training for All Staff – Beth Jensen - Harnish Hive • Food - It's Powerful Stuff! – Kathy Capron - Arts & Craft Center • Money in the Bank – Carrie Kishline Lawson - Rogers Hall
10:15 a.m. – 11:45 a.m.	Breakout Sessions #2 <ul style="list-style-type: none"> • Tour of Camp – Departing from Harnish Hive
12:00 a.m. – 12:45 p.m.	Lunch, Evergreen Awards – Harnish Hive
1:00 p.m. – 2:15 p.m.	Breakout Sessions #3 <ul style="list-style-type: none"> • Management Listening Skills: Teach 'em, Coach 'em, Model 'em – Beth Jensen – Harnish Hive • Tying the Strongest Knots: Building an Organizational Culture of Risk Management – Steve Smith - Arts & Craft Center • Women in Camp – Carrie Kishline Lawson - Rogers Hall

2:30 p.m. – 4:00 p.m.	Closing Session with Beth Jenson in Harnish Hive Those Quirky Kids!: What we can do when a kid doesn't "fit"?
4:00 p.m.	Final Wrap-up & Safe Travels

Opening Session, 3:30 p.m. – 5:30 p.m.

Mitigating Meltdowns: Planning for the Predictable Emotional Crises Rhythm of Camp

Beth Jenson in Harnish Hive

During this session we will identify the predictable crises in a 9-week camp cycle, plans to combat staff Fatigue, FOMO and Frustration from the start. And finally, we will discuss strategies to recover from emotional and group crises with flexibility and confidence.

Breakout Session, 8:45 a.m. – 10:00 a.m.

Tired Brain: Essential Crises Training for All Staff

Beth Jenson in Harnish Hive

During this session we will

- Learn from a neurobiological lens how tired brains become more emotional, more reactive, and less resilient
- Incorporate basic "tired brain" training at the beginning of camp to reframe emotional meltdowns for staff and campers
- Promote simple tactics and tools to soothe an exhausted nervous system in staff and campers

Food - It's Powerful Stuff! The Importance of Providing Meals and Dining Experiences At Camp

Kathy Capron – Camp Nor'wester - Kitchen Manager

Between specific dietary needs & our fast paced, screen heavy world, dining together on healthy food that meets everyone's needs is a daunting task for the camp kitchen. Campers with food allergies, staff with choosy appetites or dietary preferences & parents who want to know their camper is satisfyingly fed. Sharing a meal with others is an important tool in learning how to relate not only to our food supply but also a tool for community building, graciousness and taking-time.

Money In The Bank: Investing In High-Quality Staff

Carrie Kishline - Summer Camp Director - Camp Sealth

"Money in the Bank" is a strategy long used as a behavior management tool for kids. But what happens when we apply it to our supervisory relationships with staff? We'll explore how to manage virtual "bank accounts" - making deposits and withdrawals - to create high levels of investment and performance among your staff. This session is ideal for those new to supervision or management, or if you're looking to overhaul your leadership staff training.

Breakout Session, 10:45 a.m. – 11:45 a.m.

Tour of Camp Korey – Departing from Harnish Hive

Camp Korey is located on 200 acres and serves children with serious medical conditions. Program and facility staff will take you on a behind the scenes tour to see how camp functions to provide year-round services. Main destinations will include the medical center, amphitheater, Diagon Alley, program areas, laundry facilities, and more.

Breakout Session, 1:00 p.m. – 2:15 p.m.

Management Listening Skills: Teach 'em, Coach 'em, Model 'em

Beth Jenson in Harnish Hive

- During this session we will, realize how the “Trickle Down Effect” can be applied to managerial attitudes toward rules, hierarchy, listening and tolerance
- Reflect how upper management’s attitudes about hierarchy and listening habits affect the entire camp
- Balance staff abilities to meet the whole spectrum of needs of both Being and Doing
- Institute two-way feedback to keep your system flexible and open to influence, without losing authority

Tying the Strongest Knots: Building an Organizational Culture of Risk Management

Steve Smith - Experiential Consulting, LLC

The goals of this workshop are to (1) Explore how the concept of "Safety Culture" has evolved throughout the ages; (2) Identify organizational steps that can help foster a culture of risk management; (3) Apply these steps and theories to participants' own programs in small-group exercises and scenarios.

Women in Camp

Carrie Kishline - Summer Camp Director - Camp Sealth

This discussion forum is intended to create space to talk about the unique challenges faced by women in the camping world. All who identify as female are encouraged to attend and bring a concern or question that you've encountered.

Closing Session, 2:30 p.m. – 4:00 p.m.

Those Quirky Kids!: What we can do when a kid doesn't "fit"

Beth Jenson in Harnish Hive

During this session we will

- Examine your “norms” in what a child is expected to be able to socially do within a camp program
- Identify some differences between deliberate and unintentional “acting out”
- Increase staff and peer acceptance, tolerance, and awareness of a wider spectrum of social diversity
- Give staff awareness and tools in how to socially coach the quirkiest kids
- Enforce tolerance and inclusion amongst their peers for harmless weirdo behavior

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