

CANDY CONNECTIONS ICE BREAKER

Preparation:

Candy Mixed in Separate Plastic Containers

Questions written (but not shown) on flipchart or PowerPoint

Nut Free Candy Options

Milk Chocolate Kisses	Dark Chocolate Kisses	1.55oz Hersey Milk Chocolate Bars
Smarties	Starbursts	Skittles
Tootsie Rolls	Dots	Gumdrops
Twizzlers	Jr. Mints	Sugar Babies
Charleston Chews	Mild Duds	Jolly Ranchers
York Peppermint Patties	Whoppers	Rollos
Good & Plenty	Lifesavers	Dum Dums

Instructions:

- Each participant selects 3 different pieces of candy that they like (can adjust #)
- Don't open the candy
- Participants will get into selected methods for sharing information:
 - Find one partner and answer all
 - Find multiple partners and answer one question per partner
 - Form circles and everyone in circle answer
 - Form inner and outer circle, rotate to answer with different partners
- Participants will introduce themselves to their partners and share specific information about themselves associated with each piece of candy

Question Options:

For each question, share:

- Kisses – Something you love and why
- Dark Chocolate Kisses – Something you love to do
- Starburst – What is your star quality
- Starburst – Your favorite celebrity (star) and why
- Starburst – Your Rockstar accomplishment that you are most proud of
- Starburst – A famous person that you have met
- Starburst – A famous person you would like to meet and why
- Smarties – Something you excel at
- Skittles – What adds color/excitement to your life
- Dots – Your favorite color and why
- Jr. Mints – Something small that makes you happy
- York Peppermint Patties – Something that refreshes or invigorates you

- Charleston Chews – A city you would like to visit for the first time
- Jolly Ranchers – Something that makes you laugh
- Milk Duds – Something that is a dud/you don't like
- Lifesavers – Who is your hero and why
- Rollos – Something unique and special about you on the inside that people can't tell from looking at you on the outside
- Sugar Babies – One of your favorite memories from growing up
- Twizzlers – Your favorite (appropriate) joke
- Tootsie Roll – Your favorite Rock and Roll artist or song
- Whoppers – Your favorite food
- Dum Dums – A mistake that you've made and will never make again

Debrief:

- Why did we do this?
- It's an ice breaker that mixes us up, loosens us up and helps us meet people
- We learn names
- We learn interesting things about each person through our candy, and that begins making personal connections and building relationships
- By doing it with candy, we did it in a fun way, with a surprise!
- Now everyone enjoy your candy!