

ICE BREAKERS THAT DO MORE THAN BREAK THE ICE

Upstate NY ACA 2019

9:10 – 10:15

Start pre at 8:45

All Activity Directions Attached

Supplies:

Thick Markers

PPT Slides

Question Cards

Candy Rules (Paper & Slide)

Bins with Candy

Flipchart/White Board

White Boards & Markers

Buckets to Collect Items

Human Bingo Boards

Pens

As debrief, write each more on flip chart. Check as duplicated

Question Cards (JED) – 10 Minutes

- Start During Arrival
- Hold off on De-Brief

Human Bingo (ROZ) – 10 Minutes

- Hold off on De-Brief

Introduce Session (ROZ) – 5 Minutes

- These were our 1st few Ice Breakers of the Day
- We usually think about ice breakers as:
 - A fun way to start a meeting
 - An interactive way to introduce people to each other
 - A creative way to get people comfortable
 - Basically, a way to “break the ice” with a group of people
- Ice breakers can do all of that and many other things too
- This session is all about ice breakers that do MORE than just the ordinary “break the ice”

- What gets us to the MORE is the debrief or reflection that we do after the activity
- That's what provides the teachable moments that we need to communicate important messages to our staff.
- You may have done some of today's ice breakers before, but you probably never debriefed them in a way that conveys MORE messages than just "breaking the ice"
- Today, we're learning & doing a variety of ice breakers that communicate the MORE

Review First Icebreaker (JED)

- Let's talk about the Ice Breaker we started with and talk about the more...

More

- Tangible Skills (asking questions)
- Build Relationships (Listen/learn about others)
- Building Community and Sense of Belonging

Review Second Icebreaker (ROZ)

- Let's talk about our second Ice Breaker and talk about the more...

More Introduction

- Not doing these activities to necessarily break the ice with all of you, although that is an advantage of doing this session at the start of the conference.
- Doing them so you can practice & learn new activities to take back and use to break the ice in an intentional & meaningful way with your staff or campers
- So, we may not do each activity for as long as you would play it out with your group
- Our goal is to provide you with as many activities as we can in our 60 minutes together

Break for Welcome and Intro. – 10 Minutes

Introduce Us (JED) – 5 Minutes

- Slides
- Include To Do is To Learn

ACTIVITIES (In Order)

Handshake Greetings (ROZ) – 15 Minutes

More

- Step Outside Comfort Zone
- Laugh at Yourself
- Life Skills: Firm Handshake and Look People in the Eye
- Get Comfortable Introducing Yourself to new People

Candy Connections (JED) – 10 Minutes

- Use PowerPoint with Questions

More

- Learn Names
- Have Fun
- Build Relationships by learning interesting things about others

NOTE: We were not free with selections. If non-issue for you, get creative with candy choices

Incorporations (ROZ) – 10 Minutes

- End with Birthdays for next activity

More

- Have Fun

- Mix-Up Group/Break Down Barriers & Make New Connections
- Form Teams
- Find Things in Common

Birthday Month Slogans (JED) – 10 Minutes

More

- Think Outside the Box
- Leadership
- Teamwork
- Personal Connections
- Leaders learning valuable information about participant/staff qualities/traits

Closing (ROZ)

- Hope you have some new ideas