ICE BREAKERS THAT DO MORE THAN BREAK THE ICE

*Upstate NY ACA 2019*

9:10 – 10:15

*Start pre at 8:45*

All Activity Directions Attached

**Supplies:**

- Thick Markers
- Question Cards
- Bins with Candy
- White Boards & Markers
- Human Bingo Boards
- PPT Slides
- Candy Rules (Paper & Slide)
- Flipchart/White Board
- Buckets to Collect Items
- Pens

As debrief, write each more on flip chart. Check as duplicated

**Question Cards (JED) – 10 Minutes**

- Start During Arrival
- Hold off on De-Brief

**Human Bingo (ROZ) – 10 Minutes**

- Hold off on De-Brief

**Introduce Session (ROZ) – 5 Minutes**

- These were our 1st few Ice Breakers of the Day
- We usually think about ice breakers as:
  - A fun way to start a meeting
  - An interactive way to introduce people to each other
  - A creative way to get people comfortable
  - Basically, a way to “break the ice” with a group of people
- Ice breakers can do all of that and many other things too
- This session is all about ice breakers that do MORE than just the ordinary “break the ice”
• What gets us to the MORE is the debrief or reflection that we do after the activity
• That’s what provides the teachable moments that we need to communicate important messages to our staff.
• You may have done some of today’s ice breakers before, but you probably never debriefed them in a way that conveys MORE messages than just “breaking the ice”
• Today, we’re learning & doing a variety of ice breakers that communicate the MORE

Review First Icebreaker (JED)
• Let’s talk about the Ice Breaker we started with and talk about the more…

  More
  o Tangible Skills (asking questions)
  o Build Relationships (Listen/learn about others)
  o Building Community and Sense of Belonging

Review Second Icebreaker (ROZ)
• Let’s talk about our second Ice Breaker and talk about the more…

More Introduction
• Not doing these activities to necessarily break the ice with all of you, although that is an advantage of doing this session at the start of the conference.
• Doing them so you can practice & learn new activities to take back and use to break the ice in an intentional & meaningful way with your staff or campers
• So, we may not do each activity for as long as you would play it out with your group
• Our goal is to provide you with as many activities as we can in our 60 minutes together

Break for Welcome and Intro. – 10 Minutes
**Introduce Us** (JED) – 5 Minutes

- Slides
- Include To Do is To Learn

**ACTIVITIES (In Order)**

**Handshake Greetings** (ROZ) – 15 Minutes

**More**
- Step Outside Comfort Zone
- Laugh at Yourself
- Life Skills: Firm Handshake and Look People in the Eye
- Get Comfortable Introducing Yourself to new People

**Candy Connections** (JED) – 10 Minutes

- Use PowerPoint with Questions

  **More**
  - Learn Names
  - Have Fun
  - Build Relationships by learning interesting things about others

NOTE: We were nut free with selections. If non-issue for you, get creative with candy choices

**Incorporations** (ROZ) – 10 Minutes

- End with Birthdays for next activity

  **More**
  - Have Fun
- Mix-Up Group/Break Down Barriers & Make New Connections
- Form Teams
- Find Things in Common

**Birthday Month Slogans** (JED) – 10 Minutes

**More**
- Think Outside the Box
- Leadership
- Teamwork
- Personal Connections
- Leaders learning valuable information about participant/staff qualities/traits

**Closing** (ROZ)

- Hope you have some new ideas