Ice Breakers That Do More Than Break the Ice

Roz and Jed Buck
Roz and Jed Training & Consulting
2019 ACA Upstate NY Conference
Brief intro of who we are...

- Roz & Jed - Husband & Wife Team....do the impossible....
- 2004 – 2016 - owned & directed Meadowbrook Day Camp in NJ
- Every summer - 1000 campers and Hired & Trained 400 staff
- One of favorite parts of being camp directors - training our staff
- Sold Meadowbrook 2016.
Have been full-time as trainers & consultants since then
- Mainly youth development arena: camps, schools, other recreation programs
- Love working with professionals like all of you to help you make a difference for the staff, volunteers and program participants that you serve.
Our Philosophy
SMARTIES - Something you excel at

KISSES - Something you love and WHY?

JOLLY RANCHERS - Something that makes you laugh

STARBURST - A famous person you would like to meet and WHY?

YORK PEPPERMINT PATTIES - Something that refreshes or invigorates you

ROLLOS - Something unique and special about you on the inside that people can’t tell from looking at you on the outside

TOOTsie ROLLS - Your favorite Rock & Roll artist or song

DUM DUMS - A mistake that you’ve made and will never make again
Thank You
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Reach out if need anything