

HAND WASHING 101

SCRUB FOR AT LEAST 20 SECONDS

1 WET HANDS



2 ADD SOAP



3 PALMS



**NEED A
TIMER? SING
THIS SONG
TWICE**

*If you're a Camper and you know it
Wash your hands
If you're a Camper and you know it
Wash your hands*

*If you're a Camper and you know it
Then your hands will surely show it
If you're a Camper and you know it
Wash your hands*

4 BACK OF HANDS



5 FINGERNAILS



6 IN BETWEEN FINGERS



7 WRISTS



RINSE WELL



PREFERABLY WITH A PAPER TOWEL

8 DRY HANDS



REMEMBER: DON'T TOUCH YOUR FACE!

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