THE SWISS CHEESE RESPIRATORY VIRUS DEFENSE

Recognize that no single intervention is perfect at preventing spread. Each intervention has its limitations. Multiple layers mitigate risk.

Personal responsibility

- Physical distance; stay home if sick
- Hand hygiene and cough etiquette
- If crowded, limit your time

Shared responsibility

- Testing
- Promote ventilation; move outdoors when possible
- Masks
- Cohorting and tracing
- Screening
- Quarantine and isolation
- Vaccines

Source: Adapted from Ian M. Mackay (virologydownunder.org) and James T. Reason.